



SHORE EXCURSIONS

11

nights

STAR CLIPPER**Panama to Aruba | 16 January 2027****Sat Panama (Isla Flamenco)**

Sun Panama Canal transit

Mon Portobelo

Tue San Blas archipelago

Wed at sea

Thu Cartagena de Indias

Fri Santa Marta

Sat at sea

Sun at sea

Mon Bonaire (Kralendijk)

Tue Curaçao (Willemstad)

Wed Aruba (Oranjestad)**What you need to know before booking your shore excursion:**

- All our excursions are led by local English-speaking guides or driver-guides.
- The length of the tours and time spent on the sites is given as an indication as it may vary depending on weather, sea and traffic conditions and on the group's pace.
- The level of physical fitness required for our activities is given as a very general indication.
- Transportation: roads in the islands can be winding and bumpy. Vehicles used (coasters, minibuses, minivans) have generally small seats and limited space and legroom.
- Guests will be required to sign a liability waiver to participate in some activities.

How you can book your shore excursions:

- Shore excursions can be booked on board, using the booking forms (sign-up lists) available at the Excursion Desk.
- The price of the excursion will be added to your on-board account.
- Transfers and debark tours ending at the airport can also be pre-paid prior to your cruise.
- In order to provide the best service and to avoid disappointments, please book your shore excursions as early as possible: places are limited and there is a booking deadline for each port.
- Booking deadlines will be indicated on the Daily Program and on the booking forms.
- Cancellation and changes are possible until the booking deadline. After the booking deadline, 100% cancellation fees will be charged.
- A minimum number of participants is required for each tour; if the required number is not attained, the tour may be cancelled.

Important notes:

- Departure times of the tour are mentioned in the Daily Program of each port.
- All information concerning excursions is correct at the time of printing. **However, Star Clippers reserves the right to make changes.** The latest updated tour descriptions are available on board the ship in a file at the Excursion Desk and on Star Clippers' website (you can download the file using the QR code).



Date of last update: 7th of July 2026

PANAMA CANAL TRANSIT

A Panama Canal transit is a captivating and engineering marvel that takes ships through the heart of the Americas, connecting the Atlantic and Pacific Oceans. This extraordinary journey involves navigating a series of locks and channels, providing a front-row seat to the incredible feat of human ingenuity.

As vessels make their way through the lush tropical landscape of Panama, passengers can witness the intricate process of rising and descending through the locks, which is both educational and awe-inspiring. The experience offers a unique perspective on the country's rich history, stunning landscapes, and the vital role the canal plays in global trade and connectivity.

SAN BLAS ARCHIPELAGO - Time at leisure (no shore excursions organized)-

The vivid colors of the San Blas Islands are undoubtedly the inspiration for the fanciful birds, fish and animals in brilliant reds, oranges, blues and greens that decorate the intricately appliquéd molas created by the indigenous Kuna women. Strung along the throat of Panama's dramatically beautiful Kuna Yala coast, the remoteness of these coral atolls protects an independent people who prize their communal culture with its rich oral history and artistic heritage.

The ship will be at anchor at Carti Sugtupu Island in the morning (tender service to the village) and at anchor at Icodub island in the afternoon (tender service to the beach).

PORTOBELLO - Historic Portobello and Panama-Congo culture



3:00

Sightseeing



52 €



Moderate



Walking tour

Min 20 / Max 40
participants

Portobello is steeped in history- a secluded port on the Caribbean coast nestled in a bay once guarded by three forts. It formed part of the Spanish Crown's vast defensive system, stretching from Veracruz in Mexico to Cartagena in Colombia, designed to protect transatlantic trade routes from pirates and buccaneers.

The forts of Portobello, inscribed on the UNESCO World Heritage List in 2012, are enduring examples of 17th- and 18th-century military architecture. Today, Portobello is also a vibrant center of Congo culture, rooted in the traditions of the descendants of enslaved Africans.

During this guided walking tour, you'll visit the Church of San Felipe, home to the revered Black Christ of Portobello, and the Royal Customs House - an architectural gem built in 1630 by the Spanish, now restored and hosting the Museum of Afro-Panamanian Memory (closed on Mondays).

At the Fort of San Jerónimo, enjoy sweeping views and take part in a cultural encounter with locals as they perform traditional Congo dances. This expressive dance form combines energetic movement, percussion, colorful costumes, masks, and song - offering a vivid connection to the African heritage preserved for generations in this region.

After this immersive experience, you'll return to the cruise ship.

Please note:

- ✓ This tour is entirely on foot and involves extensive walking and standing on uneven surfaces, with some steps.
- ✓ Dress for the weather (light clothing), wear walking shoes and bring a hat, sunscreen, insect repellent and water.

CARTAGENA - Cartagena, World Heritage city



4:00



55 €



Moderate



Motorcoach,
walking tour

Min 20 / Max 120
participants

Sightseeing

Cartagena features a remarkable collection of buildings and imposing fortifications dating back to the early 1600s. Its historic center has been designated a UNESCO World Heritage Site. These defensive structures were originally built to protect the city from pirate attacks.

Departing from the port by air-conditioned coach, you will head to the old town, with a brief stop at the San Felipe de Barajas Fortress for panoramic views. The tour continues by coach to Las Bóvedas, a series of arcades and vaults that were once used as barracks and military storage, and later as a prison. Today, these spaces house small boutiques offering a variety of Colombian goods and crafts—ideal for souvenir shopping.

From here, your walking tour begins at Santiago's Bastion. Descend the ramp to San Juan de Dios Street, noted for its colonial architecture, and proceed to the Plaza and Church of San Pedro Claver, which you will visit from the inside. The walking tour continues through the narrow streets and main squares of the colonial city. Highlights include the Customs Plaza, once the hub of commercial life during the colonial era, and Plaza de la Proclamación, where you can view the Cathedral and the Governor's Building—former headquarters of the Spanish colonial administration.

You will visit the Naval Museum, see the exterior of the Palace of the Inquisition, and admire the elegant colonial mansions. The tour ends back at Santiago's Bastion, where you will rejoin the coach for a short panoramic drive through the modern district of Boca Grande on the return to the cruise port.

Please note:

- ✓ This tour includes approximately 1.5 hours of walking over uneven surfaces with some inclines and steps.
- ✓ Shops at Las Bóvedas are typically closed on Sundays, and the stop there is subject to shop opening.
- ✓ Interior visits: Church of San Pedro Claver, Naval Museum. The sequence of visits may vary.
- ✓ At the end of the tour, you will be dropped off at the cruise terminal.

CARTAGENA - A Taste of Cartagena



4:30



79 €



Moderate



Motorcoach,
walking tour

Min 15 / Max 30
participants



Tasting

Sightseeing | Tasting

Discover the charm of Cartagena, once the treasure chest of the Spanish Main and a frequent target of pirate raids. The city earned a reputation as the most impregnable of the Spanish colonial settlements. Between its founding in 1533 and its independence in 1811, Cartagena grew into a flourishing urban center.

Your tour begins with a scenic drive through Cartagena accompanied by a local guide, including a photo stop at the iconic San Felipe de Barajas Fortress, a symbol of the city's colonial past.

Continue past Santo Domingo Square and Simón Bolívar Square, then begin a walking tour through the narrow streets of the Old City. Along the way, you'll visit the Inquisition Palace and the Church of San Pedro Claver, dedicated to the patron saint of enslaved people. During the tour, you will sample some traditional local snacks, tropical fruit, sweets, and Colombia's world-renowned coffee at various stops.

Please note:

- ✓ This excursion includes approx. 3 hours of walking and standing on uneven surfaces with some inclines and steps.
- ✓ Interior visits: Church of San Pedro Claver and Inquisition Palace.
- ✓ Dress for the weather and wear comfortable walking shoes. Bring a hat, sunscreen, and water.
- ✓ Food tastings include tropical fruit, Colombian coffee, and a selection of local snacks and sweets.
- ✓ At the end of the tour, you will be dropped off at the cruise terminal. The order of visits may vary.

SANTA MARTA - Santa Marta discovery tour



3:45

Sightseeing



59 €



Moderate



Motorcoach,
walking tour

Min 15 / Max 70
participants

Discover the charm of Santa Marta, Colombia's oldest city, on a guided tour that will take you to San Pedro de Alejandrino Estate and to the colonial old town.

San Pedro de Alejandrino historic estate was built in the 17th-century country on the outskirts of the city and played a significant role in Colombian history as the place where Simón Bolívar spent his final days in 1830.

Now a national monument, both the house and its gardens have been carefully restored and preserved.

After the visit, return to the city center for a walking tour through the vibrant streets of the old town. Stroll past colorful buildings and lively plazas, including the historic Plaza Bolívar, also known as "Lovers' Square."

The tour continues with a visit to the Santa Marta Cathedral. Built in 1529, just four years after the city's founding, it is Colombia's oldest church and is considered the mother church of the country. Its bright white neoclassical façade makes it one of the city's most iconic landmarks. You will also see the Customs House, an important colonial building now home to the Gold Museum (closed on Mondays), which features exhibits on pre-Columbian cultures and a small yet valuable collection of Tayrona gold and pottery artifacts.

Please note:

- ✓ This excursion involves extensive walking over uneven surfaces, with a few steps to negotiate.
- ✓ Inside visits include the Gold Museum (except Mondays, when it is closed), the Cathedral, and the San Pedro de Alejandrino Estate. The order of visits may vary.
- ✓ The drive between the port/city center and the estate takes approximately 30 minutes.

SANTA MARTA - Flavours of Santa Marta and San Pedro Alejandrino



4:30

Sightseeing | Tasting



99 €



Moderate



Motorcoach,
walking tour

Min 15 / Max 25
participants



Tasting

Depart from the port by motorcoach and head to the San Pedro de Alejandrino Estate. Built in the 17th-century country on the outskirts of the city and played a significant role in Colombian history as the place where Simón Bolívar spent his final days in 1830. Now a national monument, both the house and its gardens have been carefully restored and preserved. After the visit, return to the city center for a walking tour through the vibrant streets of the old town. Your walking tour in the old town will provide insights into the city's history and diverse architecture, shaped by Spanish colonial and Republican influences. Taste local cornbreads, empanadas, and Colombian coffee at the Don Pepe Hotel Boutique. This elegant and historic hotel blends tradition and comfort, and is one of Santa Marta's most iconic boutique establishments.

Stroll through Bolívar Plaza, a lively square shaded by acacia trees, and continue to Parque Santander, a peaceful green space with mimosa trees. Here, enjoy a tasting of Cayeye (mashed green bananas) and a refreshing coconut lemonade at the traditional Don Chucho Restaurant. As the tour continues, pass by the Customs House, a restored historical building now housing the Gold Museum. The museum features exhibits on the customs of pre-Columbian communities and includes a small but valuable collection of Tayrona gold and pottery (closed on Mondays).

At the end of the tour, rejoin the motorcoach along the seafront for the return drive to the pier.

Please note:

- ✓ This excursion involves extensive walking over uneven surfaces, with a few steps to negotiate.
- ✓ Inside visits include the Gold Museum (except Mondays, when it is closed), the Cathedral, and the San Pedro de Alejandrino Estate. The order of visits may vary.
- ✓ The drive between the port/city center and the estate takes approximately 30 minutes.

BONAIRE (Kralendijk) - Best of Bonaire



2:15



52 €



Easy



Minibus

Min 15 / Max 60
participants

Sightseeing | Panoramic

Your tour begins with a leisurely drive to the south-eastern side of the island, passing through one of the best-preserved mangrove areas in the Caribbean. Along the way, your guide will keep an eye out for Bonaire's most iconic bird—the shy flamingo. With its deep pink-coral feathers and elegant stride, the flamingo is a striking sight in its natural habitat. Donkeys and goats often graze beside the country roads, offering great photo opportunities.

At Sorobon Beach, enjoy a short stop to admire the beautiful bay. Dip your feet in the warm, turquoise water and take a moment to refresh with a cool drink before continuing on your journey in search of more flamingos.

Next, visit the Salt Flats, home to a protected flamingo sanctuary. Your guide will explain the current salt production process as well as the historical context of salt mining during the 19th century. At the nearby Slave Huts, you'll witness a poignant piece of history - these small structures once served as shelters for the enslaved people who worked the salt pans. On your way back to the ship, enjoy a stunning coastal view: pink salt pans and gleaming white salt mounds on one side, and the vibrant blue Caribbean Sea on the other - a living postcard.

Before arriving at the port, there will be one final opportunity to spot flamingos at a salt pond.

Please note:

- ✓ The tour consists in a scenic drive on the island by bus with several visits and photo stops.
- ✓ Dress for the weather and wear comfortable walking shoes. Bring a hat, sunscreen, and water.

BONAIRE (Kralendijk) - Mangrove Kayaking



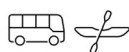
3:15



89 €



Active (Sport)



Minibus, Kayak

Min 10 / Max 14
participants

Active & Adventure

Begin with a scenic 25-minute drive from the pier to Lac Bay, a protected National Park. Access to this pristine mangrove area is only permitted with a certified guide. As you paddle through calm, shallow waters, experience the peaceful beauty of the mangroves - home to bird habitats and fish spawning grounds. Your guide will share insights into the delicate ecosystem, offering brief explanations without disturbing the natural serenity.

You'll use "Sit-on-Top" Ocean Kayaks, which are stable, easy to maneuver, and equipped with adjustable backrests for comfort.

Please note:

- ✓ This is a physically demanding tour and suitable only for guests in very good physical condition and is not suitable for guests with heart conditions, asthma, leg or chest injuries, or pregnant women.
- ✓ Participants must be able to swim. Min age: 10 years (minors must be accompanied by an adult). Max combined weight: 200 kg / 440 lbs per double kayak.
- ✓ Minimum age to participate is 10 years (minors must be accompanied by an adult). Max weight is 235 lbs / 106 kg.
- ✓ Participants must be able to swim. Participants must read, fill out and sign a waiver prior to departure of this tour.
- ✓ Double sit-on-top kayaks will be used, and before the tour begins, participants will receive practical instructions on how to maneuver them.
- ✓ Wear a swimsuit under your clothes and bring aqua or water shoes, sunscreen, sunglasses, a hat, a t-shirt for sun protection, a bottle of water, a towel from the ship, and extra dry clothes. Waterproof protection for cameras or mobile phones is highly recommended.
- ✓ The guided kayak portion lasts approximately 2 to 2.5 hours, depending on the group's pace.

BONAIRE (Kralendijk) – Bonaire sailing tour



3:00



95 €



Moderate



Minibus transfer,
sailing boat

Min 6 / Max 12
participants

Boating | Snorkeling

After a short minibus ride from the cruise port, step aboard our unique 44-foot sailing yacht and set off on a relaxing journey along Bonaire's stunning coastline. Sit back, feel the ocean breeze and enjoy the leisurely sail across the crystal-clear waters of the Caribbean as the friendly crew welcomes you on board.

Your destination is the world-renowned Bonaire National Marine Park, one of the most pristine underwater environments in the Caribbean. Established to protect the island's exceptional coral reefs and marine life, the park surrounds the entire island and is renowned for its crystal-clear waters, vibrant coral formations and abundant tropical fish, making it a true paradise for snorkellers.

Once anchored at a beautiful snorkelling spot, the crew will provide you with all the necessary equipment and help you get safely and comfortably into the water. Explore the colourful reef at your own pace and discover the incredible marine life that makes Bonaire such a special place.

After your snorkelling adventure, climb back on board and enjoy delicious snacks while sampling rum, beer, wine, juice and soft drinks from the open bar. As the yacht sails back to the port, relax on deck and enjoy the Caribbean sunshine while admiring the scenic coastline.

Please note:

- ✓ This tour is not suitable for guests with reduced mobility, back or neck issues, or for pregnant women.
- ✓ Guests doing the snorkeling must be good swimmers (snorkeling is optional).
- ✓ Minimum age to participate is 12 years (minors must be accompanied by an adult).
- ✓ Wear your swimsuit under your clothes and bring a towel, sunscreen, hat, sunglasses, and a t-shirt (only part of the boat has shade). Footwear is restricted to rubber shoes, sneakers or sandals.
- ✓ Snorkelling equipment is provided (snorkel mask, fins, snorkel vest).
- ✓ A selection of soft drinks and water is included. Rum punch will be served only after the snorkeling.
- ✓ There is a 15-minutes transfer between the cruise pier and the boat base.

BONAIRE (Kralendijk) - Captain Jack's snorkel tour



3:00



89 €



Moderate to
Strenuous



Speedboat

Min 10 / Max 20
participants

Active & Adventure | Snorkeling

Join us for an unforgettable snorkeling experience in the crystal-clear waters of the Caribbean. This guided tour takes you by speedboat to two exclusive snorkel spots accessible only by sea, offering the chance to explore the vibrant underwater world in small groups.

Cruise toward Klein Bonaire, renowned for its spectacular coral reefs and rich marine life. With the guidance of an experienced snorkel leader, you'll discover colorful coral formations and an array of fascinating marine creatures in this pristine aquatic environment.

Please note:

- ✓ This tour is not suitable for guests with reduced mobility, back or neck issues, or for pregnant women.
- ✓ Minimum age to participate is 10 years (minors must be accompanied by an adult).
- ✓ Guests must know how to swim.
- ✓ Wear your swimsuit under your clothes and bring a towel, sunscreen, hat, sunglasses, and a t-shirt.
- ✓ Snorkeling equipment is provided (mask, snorkel, fins).
- ✓ A selection of soft drinks and water are available on board (included).

CURAÇAO (Willemstad) - Curaçao country drive tour



3:30



59 €



Moderate



Motorcoach

Min 25 / Max 48
participants

Sightseeing | Panoramic

Discover the natural beauty of Curaçao on a panoramic drive through the island's diverse landscapes. Departing from the port of Willemstad, you'll head west across the countryside.

Your first stop is Boka Tabla National Park, where the untamed sea crashes dramatically against rugged rock formations - a powerful display of nature's force. A short photo stop follows at West Point (Playa Forti), offering panoramic views of the Caribbean Sea.

Continue to Knip Beach, one of Curaçao's most iconic beaches, known for its white sand and vibrant turquoise water. Enjoy a brief stop to take photos of this picture-perfect setting.

Next, visit the Jan Kok Estate, home to the colorful art gallery of local artist Nena Sanchez. Perched on a hill, the estate provides sweeping views of the surrounding landscape. On the return journey, make a final stop at the Jan Kok salt flats, where you may spot flamingos in their natural habitat.

Please note:

- ✓ The tour consists in a scenic drive on the island by bus with several visits and photo stops. It involves moderate walking over uneven surfaces during the stops.
- ✓ Dress for the weather and wear comfortable walking shoes. Bring a hat, sunscreen, and water.
- ✓ The order of the visits may change.

CURAÇAO (Willemstad) - Best of Curaçao: Hato Caves, Willemstad & Curaçao Museum



3:30



39 €



Moderate



Motorcoach

Min 25 / Max 48
participants

Sightseeing | Panoramic

Discover the rich culture, natural wonders, and flavors of Willemstad on this immersive half-day journey across the island. Your experience begins with a scenic drive from the vibrant waterfront into the historic district of Otrobanda, where you will visit the Curaçao Museum. Housed in a beautifully preserved 19th-century colonial building, the museum offers a fascinating insight into the island's heritage. Guests can admire a diverse collection ranging from Caribbean maps and antique furniture to pre-Columbian artifacts and finely crafted mahogany pieces. The shaded gardens provide a peaceful and relaxing setting for a stroll.

Drive through Curaçao's rugged countryside, take in the island's stark yet captivating landscapes, including former salt flats where you may spot elegant flamingos in their natural habitat. Upon arrival at Hato Caves, embark on a guided walking tour through dramatic limestone formations. Marvel at towering stalactites and stalagmites, and discover fascinating rock shapes known as the "Pirate's Head," the "Sea Turtle," and the "Giant". Hidden within the caves are crystal-clear pools and small waterfalls, while colonies of rare long-nosed fruit bats inhabit the cavern ceilings. Your guide will also share the caves' historical significance as a refuge for runaway slaves and a shelter for the island's earliest inhabitants.

Your journey continues across the iconic Queen Juliana Bridge, the highest bridge in the Caribbean, offering sweeping panoramic views of the harbor and the colorful cityscape below. The final stop is the historic Landhuis Chobolobo, home of the world-famous Curaçao liqueur. Learn how its distinctive flavor is derived from the peel of the Laraha orange, a fruit uniquely shaped by the island's climate. During your visit, enjoy a guided explanation of the distillation process, followed by a tasting and the opportunity to purchase souvenirs. At the conclusion of the tour, guests may choose to return directly to the ship or remain in downtown Willemstad for independent exploration and shopping.

Please note:

- ✓ The tour consists in a scenic drive on the island by bus with several visits and photo stops. It involves moderate walking over uneven surfaces during the stops, including uneven surfaces and steps at Hato Caves.
- ✓ Hato Caves are humid and warm.
- ✓ The order of the visits may change.

ARUBA (Oranjestad) – Farewell to Aruba (ending at AUA airport)



6:45



79 €



Moderate



Motorcoach

Min 20 / Max 60
participants



Light lunch
Included

Panoramic | Airport transfer

This excursion ends at the airport at approx. 16:15 and is suitable for guests with flight after 18:45.

Begin your journey with a scenic drive from the cruise port along Aruba's picturesque coastline toward the iconic California Lighthouse. Located on the island's northern tip, this historic landmark offers panoramic views of Aruba's rugged coastline and turquoise waters, providing an excellent introduction to the island's landscapes.

Continue through Aruba's desert-like terrain to the peaceful Alto Vista Chapel, known as the "Pilgrim's Church." Surrounded by rolling hills and cacti, this historic site offers a quiet setting and pleasant views of the island's north shore. Your journey then takes you to the Royal Aruba Aloe Factory, one of the island's oldest and most established institutions. Learn about Aruba's long history of aloe cultivation and production, and see how locally grown aloe is transformed into a range of skincare products.

Next, visit the Casibari Rock Formations, a remarkable collection of massive boulders rising from the island's otherwise flat landscape. Stroll along the walking paths and, if you wish, climb to the viewing area for broad views of Aruba's interior. Stop at Studio Murano Art to enjoy lunch while browsing colorful glass creations and locally inspired artwork in a relaxed setting.

After lunch, travel along Aruba's rugged east coast to the Natural Bridge Ruins and nearby Baby Natural Bridge. Shaped over centuries by wind and waves, these coral limestone formations offer a glimpse into the island's dynamic coastal landscape. Your tour continues to Oranjestad, Aruba's colorful capital. Enjoy free time to explore the downtown area, known for its pastel Dutch colonial architecture, local shops, and lively atmosphere.

Conclude your day with a comfortable transfer to the airport, where you will catch your flight home.

Please note:

- ✓ A minimum number of participants is required. If it is not attained, the tour may be cancelled.
- ✓ Airlines require guests on international flights to arrive at the airport 2:30 prior to flight departure.
- ✓ There will be several short stops during the tour, with short driving time between each stop. Guests will also have free time in Oranjestad, just before the transfer to the airport.

ARUBA (Oranjestad)

Star Clippers also offers the following transfer services (optional, at an additional cost):

- Shared Transfer to "Queen Beatrix" International Airport (AUA).

- ✓ There is a fixed departure from the port at approximately 09:00 (arrival at the airport at around 09:30).
- ✓ This transfer is suitable for guests whose flight departs after 12:00.

- Private transfers to the airport or to hotels.

- ✓ Private transfers can be arranged from the pier to any hotel on the island, regardless of location.
- ✓ Pick up from the pier for private transfers is no later than 10:00.

- Private transfers from hotels to the airport.

- ✓ Private transfers can be arranged from any hotel on the island, regardless of location.
- ✓ This service can only be pre-booked prior to your cruise and cannot be booked onboard.

Transfers and excursions ending at the airport can also be booked prior to your cruise.

Bookings made onboard during the cruise are always subject to availability.

If you wish to book a private transfer, we recommend that you book well in advance prior to your cruise, as the number of vehicles may be limited at certain times of the year.

For information and reservations please contact our reservations department or your travel agent.

The ship will be alongside at Oranjestad Cruise terminal.

AUA airport is located just 5 km from the Cruise Terminal (approx. 20 minutes drive).

All guests are requested to leave the ship by 10:00am. There is no left-luggage service at the cruise terminal.



EXCURSIONS ACTIVITY LEVEL:

- ✓ **Easy:** excursion accessible to all participants, as it mainly takes place by bus or boat. Any footpaths and stairs that need to be negotiated are short or easy.
- ✓ **Moderate:** a certain basic level of fitness is required; excursion involving moderate walking - sometimes over uneven or unpaved paths and stairs.
- ✓ **Moderate to strenuous:** active participation is required; excursion involving walking long distances over uneven or steep terrain. May involve several flights of stairs or extended staircases.
- ✓ **Strenuous:** a good level of fitness is required; an excursion involving extensive uphill walking on inclines, uneven terrain with many steps. Excursion involving off-road driving, not suitable for pregnant women or anyone with a medical condition (back, neck, etc.) that could be affected by bumpy roads.
- ✓ **Active (sport):** Very good physical condition, stamina and skill are required. Passengers should be fit and active to participate in tours involving hiking, kayaking, snorkeling, cycling or similar activities.

The level of physical fitness required for our activities is given as a very general indication.

MAIN EXCURSIONS CATEGORIES (CARIBBEAN & CENTRAL AMERICA)

- ✓ **Sightseeing:** it gives a quick but enriching overview, visiting and seeing the main attractions, landmarks and places of interest in a particular area, often including popular spots and sometimes hidden gems.
- ✓ **Panoramic:** it involves a limited number of long drives with commentary by the guide, no internal visits and - generally - limited walking between stops.
- ✓ **Active & Adventure:** Hiking, kayaking, Zip line, 4x4 off-road.
- ✓ **Outdoors:** Activities like hiking that let you explore the natural beauty of the region.
- ✓ **Wildlife:** Get up close to the region's fauna and learn about them in their natural habitats.
- ✓ **Snorkeling:** Guests participating in the snorkeling must be experienced swimmers. Itinerary and snorkel sites are subject to change due to sea and weather conditions. Check in the tour description to see if the snorkeling equipment is provided or if you must bring the equipment from the ship.
- ✓ **Boating:** Experience the destination from the water, whether it's sailing, cruising, or other maritime activities.

WHAT TO WEAR AND BRING WHEN GOING ASHORE ON EXCURSION:

- ✓ Unless special clothing suggestions are included in the excursion description, we recommend functional clothing and comfortable footwear.
- ✓ Comfortable shoes to help with any steep paths and uneven cobbles.
- ✓ A hat or cap, sun lotion, insect repellent, water.
- ✓ For boat excursions or excursions including beach stop: swimsuit, beach towel, sunglasses, sunscreen, water shoes, snorkel mask.
- ✓ Mobile phone or camera to capture the moment (with waterproof cover for water activities and boat tours).
- ✓ Ship card to get back on board.
- ✓ Some cash (US \$ is widely accepted in Caribbean, bring Euros for French islands).
- ✓ A copy of the Daily Program, to check last tender or last gangway time, tender schedule, lunch time, etc.
- ✓ For ports with tender service (ship at anchor), bring a backpack or fanny pack so that your hands are free to hold on to the safety grip when boarding the tender.